

Webinar Schedule July 2020 to December 2020

<p>16th July 2020</p>	<p>Managing Team Mental Health through Change – The Role of Leaders Presenter: Anna Feringa</p> <p>Change can be stressful. Fear and anxiety about the change, the potential impact on financial security and our families, managing a team from home and self-isolation can be overwhelming. Everyone reacts differently. In this webinar we explore what you can do to reduce anxiety and stress in your team.</p>	
<p>20th Aug 2020</p>	<p>Safety Culture - how to create a culture of care and ownership Presenter: Robert Wentzel</p> <p>Most organisations in Australia have gone beyond a focus on Safety Management Systems and understand that the development of a positive Safety Culture is crucial in incident prevention. Some people will argue that the effectiveness of your Safety Management System is largely depending on the maturity of your Safety Culture. In this webinar we discuss the main characteristics of a good Safety Culture, Safety Leadership as a critical factor for developing Safety Culture as well as what that could look like and which Safety Leadership behaviours are critical.</p>	
<p>17th Sept 2020</p>	<p>Creating a Mental Health critical incident protocol in your workplace - tips to get started Presenter: Anna Feringa</p> <p>With mental illness on the rise how does a workplace respond to a mental health Critical Incident? Suicidal ideation and panic attacks are critical events that can arise out of mental illness. As leaders how do we respond? As a workplace is our response meeting our duty of care?</p>	

<p>22nd Oct 2020</p>	<p>Safety Mindsets – Unpacking and influencing your unconscious safety beliefs Presenter: Jimmy Thomson</p> <p>In this webinar, we will look at ‘Mindset’. For many of us, we attempt to influence and impact on actions and results through intervention with behaviour(s). This is, of course, important but how can we achieve a higher level of influence and success? It starts by understanding our own mindset and then flexing it.... like a muscle when we exercise.</p>	
<p>19th Nov 2020</p>	<p>Everyday conversations to build a culture of mental health Presenter: Emma McMillan</p> <p>One in five (20%) Australians experience a mental illness in any year. As such, many employees in Australian organisations will experience a mental health issue. It is important that leaders understand how to have everyday mental health conversations both with their team and their individual staff members to drive positive mental wellbeing and support employees that are unwell at work. Improving leader ability to have a confident mental health conversation will reduce stigma and increase early intervention. By disrupting current behaviours and attitudes towards workplace mental health will build a stronger overall culture for mental health.</p>	
<p>17th Dec 2020</p>	<p>How to Combat Workplace Complacency Presenter: Robert Wentzel</p> <p>Complacency often has a negative annotation and is often referred to as an attitude issue. However, looking at complacency from a neurological perspective, we could describe it as a very common human state of being that is characterised by a lack of focus and automatic behaviour. This is the result of a perceived lack of risk. mostly caused by repetitive work or high levels of experience. Better understanding complacency gives us access to a reduction in risk blindness a renewed focus on safety.</p>	